



URINE CYTOLOGY INSTRUCTIONS

Your physician has requested testing that requires a urine specimen(s) to be collected. Proper collection is important. Please follow these instructions carefully.

1. Collect a random urine specimen (NOT the first morning void) into a separate sterile container or commode pan (HAT). **Do not void directly into the container with the CytoLyt preservative.**
2. Pour the urine into the CytoLyt preservative container. The ratio should be half urine to half CytoLyt solution. If the amount of urine is small, you may discard some of the CytoLyt preservative prior to adding the urine.
3. Label the CytoLyt container(s) with your full name, date of birth, date and time of collection and source (voided urine). **If not properly labeled, the sample will be rejected.**
4. The urine does not have to be refrigerated since it has been placed in the CytoLyt solution. The CytoLyt solution will preserve the urine for up to seven days.
5. Bring the labeled container to 900 Broadway, Building 1, Outpatient Lab Registration.
6. If your provider has asked you to collect THREE urine cytology specimens, repeat the above steps over three consecutive days. Return all specimens to 900 Broadway, Building 1, Outpatient Lab Registration.

If you have any questions, please contact the laboratory at 907-1659.