

**ST. JOSEPH CLINICAL LABORATORY**

**360 Broadway**

**Bangor, Me 04401**

**PATIENT INSTRUCTIONS FOR STOOL COLLECTION**

**Please read all of this material *before* you start your stool collection**

Your provider has ordered a test which requires you to collect a stool specimen for examination by the laboratory. In order to make sure the specimen can be used for testing, please read and follow the directions printed below.

Your stool test may not be accurate, and you may need to do the stool collection again if, for any reason, any of the stool is not put into the provided collection containers and returned as instructed.

The stool kit contains:

* Sterile container(s)
* Wooden applicator sticks
* Output commode pan (HAT)
* Plastic biohazard bag.

**Directions:**

1. Label the specimen container(s) with your **name, date of birth,** and the **date/time of** **collection.** **If not properly labeled, the sample(s) will be rejected.**
2. Pass the stool specimen directly into the output commode pan (HAT) provided. Do not take specimen from the toilet bowl. Do not urinate into the output commode pan (HAT).
3. Transfer the stool to the sterile container(s) provided within 2 hours, using the wooden applicator sticks or spoon in the cap of the container (if applicable). Fill the container to the designated fill line, if applicable, which is indicated with an arrow. (Containers with liquid will have a fill line).
4. Secure the cap to the container(s) tightly.
5. The specimen(s) can be kept at room temperature up to 24 hours in a preservative. Samples older than this will be rejected. Fresh samples (no preservative) must arrive to the lab within 2 hours of collection.
6. Deliver your sample to 900 Broadway, Building #1, Outpatient Registration.

**NOTE:**

If you have any questions, please call 907-1659 and we will be able to assist you.